

# GERI'S RESEARCH & EDUCATION FRAMEWORK

GERI's research and education activities are guided by a foundational framework that is based on the Public Health Framework for Healthy Ageing proposed by the World Health Organization (WHO). The idea is to foster functional ability of older adults at the individual level by improving and maintaining intrinsic capacity (combination of physical and mental capacities), and at the environmental level by enabling and supporting those with decline in capacity to do things that are important to them.

To impact practice and policy that work toward optimizing functional ability among older adults, GERI will focus on three translational themes:

## EXTENDING HEALTHSPAN

To increase the years that older adults spend in good health

## AGEING IN PLACE

To assist older adults in living well in their communities for as long as possible

## ADVANCING CARE

In support of the ongoing care transformation journey for older adults in Singapore's health system.

Furthermore, GERI's efforts in research and education are aligned with Singapore's populational policies that promote three key shifts:

- ◆ Beyond Healthcare to Health
- ◆ Beyond Hospital to Community
- ◆ Beyond Quality to Value

GERI's research and education framework: based on the WHO public health framework on health ageing (2015)

